

RESTORATIVE WEST MIDS

Adele Mary Reed

I shot this series whilst carefully emerging from some kind of identity crisis. The photographs marked a turning point in me regaining confidence in my imagery. In a more general sense my photography, most frequently depicting the urban environment surrounding me, is a method of seeking to understand oneself and ones place within the city. I feel that a part of myself is mirrored back from the arrangement of objects within the frame somehow, that to produce a fixed image is a device to place myself and experience the notion of roots in a constantly changing landscape. I find it more intriguing to explore the external as a way to unlock feelings and emotions as opposed to explicitly narrating them from an internal point of view, however a satisfying meeting between external and internal happens when a picture is produced.

B. 1988 in Warwickshire, UK, Adele Mary Reed has been experimenting with photographic imagery for over fifteen years. She graduated with a First Class degree in Photography from Coventry University in 2016 with a film piece examining the city and notions to do with the self.

She prolifically documents her explorations of the places she finds herself in and in doing so seeks to playfully highlight, maintain, introduce or restore the inconspicuous beauty within moments and objects occurring during day-to-day life. She is interested in autobiographical archiving, taking unplanned walks, plant-life, elusive moods of stillness and balance, topographical themes and since becoming a mother in 2017, representations of motherhood.

MORE INFO

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